

# IGNATIEFF WANTS FLAHERTY OUSTED, PG6

Comment pg 10

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## Council votes for transit tunnel plan

**APPROVED** By a vote of 15-6, city council approved the staff recommended cross-country alignment for the Downtown Ottawa Transit Tunnel.

The 3.2-km, \$600-million tunnel would have its eastern opening near Albert Street, east of Bronson Avenue. It would have one station on Albert Street between Bay and Lyon. Another station would be near the intersection of Queen and O'Connor streets. A third station would run under Rideau Street and Colonel By Drive.

"This subway, this metro system will spark the biggest economic development of our downtown and key areas along the Transitway," said acting mayor Michel Bellemare.

METRO OTTAWA

## Sunny Side Jamming!



Loudlove guitarist Peter Hammond and drummer Dan Loach, back, jam with R&B, reggae and hip-hop artist LadyShelz and hip-hop/R&B artist Diction, right, at the kickoff of the second annual Ottawa Reggae Festival yesterday. Story, pg 3

## Judge allows hearsay evidence

**O'BRIEN** Crown attorney Scott Hutchison could be wrapping up the Crown case against Mayor Larry O'Brien by the end of next week.

The trial will not resume until Monday. O'Brien is in Montreal today attending his son's graduation from McGill University.

Yesterday, Cunningham chose to allow hearsay testimony from a trio of

witnesses earlier in the day and on Tuesday.

O'Brien's defence lawyer Michael

Edelson argued that the phone conversations between Terry Kilrea supporter John Light, political consultant Greg Strong and Conservative fundraiser Thom Bennett submitted by Hutchison could in no way be linked to O'Brien and there was no basis to admit them as evidence.

"It will be for me to determine if it shows some consistency of conduct and if it sheds any light on the important aspects of this case," said Cunningham.

Nepean Carleton MPP Lisa MacLeod testified that the topic of an appointment to the National Parole Board for Kilrea came up "maybe once or twice" during a very casual conversation with O'Brien at her constituency office on July 31.

TIM WIECLAWSKI/METRO OTTAWA



Larry O'Brien

# End to transit strikes?

## Proposal would prevent OC Transpo strikes or lockouts

MJ DESCHAMPS  
for Metro Ottawa



**"The strike essentially ended in a stalemate, and exhausted our community."**

Acting mayor Michel Bellemare

**Ottawa's longest-ever transit strike could be its last, said acting mayor Michel Bellemare yesterday, following a closed-door session at city hall.**

Councillors voted unanimously on the motion of the joint union-management proposal with Amalgamated Transit Union local 279 that will prevent transit strikes or lockouts by implementing an arbitration system that would automatically settle future labour disputes.

The proposal still has to be ratified by ATU 279 membership.

"We will be recommending to the union to accept (the proposal), and the membership will decide," said ATU Local 279 president André Corneliier. "I am confident that the majority will accept it."

The 53-day transit strike ended with all issues being sent to arbitration under threat of back-to-work legislation from the federal government.

"The strike essentially ended in a stalemate, and exhausted our community," said Bellemare. "Both

parties have recognized there has to be a better way to resolve things than lockouts or strikes."

In interest arbitration, the negotiating parties have their disputes resolved by an independent third party, which eliminates the ability for either side in a labour negotiation dispute to strike or lockout.

Although the ATU rejected going to an arbitrator during the strike in January, ATU international vice-president Randy Graham said that the proposal back

then did not look to speak to all of the outstanding issues of the union.

"We think that the (binding arbitration) process as it is now will allow us to avoid the long and grueling middle step that was the strike," said Graham.

Capital ward Coun. Clive Doucet said that the prevention of future strikes is an important step in rebuilding the city's trust with the public.

"This proposal recognizes a legislation we should have had in place before the transit strike began," said Doucet. "Transit is an essential service, and we saw that people's lives begin to unravel when the transit system falls apart."

## Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Ottawa and Canada. This is also a Call to Action for you to send us your suggestions at [ottawaleaders@metronews.ca](mailto:ottawaleaders@metronews.ca), [metronews.ca](http://metronews.ca) or on Twitter @metroottawa.

On [metronews.ca](http://metronews.ca)  
• Share your SunnySide thoughts on Twitter using #sunnyside  
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• Enter for a chance to win a Sony Blu-ray player Today  
• 70 years of the National Film Board, pg 3



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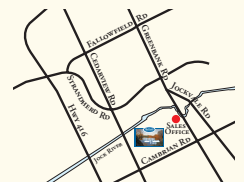


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All illustrations are artist's concept. All dimensions are approximate. Prices, specifications, terms and conditions subject to change without notice. E&O.E.



**Exhibit highlights building techniques around the world**

The Canadian Children's Museum is opening its latest exhibition this weekend. Building Brainstorm shows building techniques and materials used in different climates and cultures, including straw, leaves, mud and ice. **METRO OTTAWA**

**3**

# Local



## DVD launched for teen drivers

The Insurance Bureau of Canada states that teenage drivers are four times more likely to die in a car collision than those 25-34 years of age and nine times more likely than drivers ages 45-54. Hoping to decrease these numbers, the Ministry of Transportation, in partnership with several groups, including Ottawa P.A.R.T.Y. (Preventing Alcohol and Risk-Related Trauma in Youth), the Professional Paramedic Association of Ottawa, Ottawa Public Health and OPP have produced a 20-minute DVD titled I-Drive, launched in Kanata yesterday. **METRO OTTAWA**

## 5 of 6 innocent in sword death

Man found guilty of manslaughter in '03 amusement park killing

TIM WIECLAWSKI

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**After deliberating for almost a week, a jury has declared five of the six men arrested after the sword killing of a man at the Midway Family Fun Park in September 2003 not guilty.**

The jury found the sixth man, Wahab Dadshani, who admitted to attacking 26-year-old Charbel Chaar with a sword, guilty of manslaughter.

Tawab Dadshani, 33, Tarik Echraf, 28, Mohamed Abed, 25, Shaun Hulbert, 25, and Fahim Payman, 30, all pleaded not guilty to the charge that they planned to murder Chaar during the incident that started with gunfire at the east-end amusement park.

Wahab Dadshani, who represented himself, had claimed that he acted in self-defence when he inflicted the wounds that eventually lead to Chaar's death.

Wahab Dadshani will re-

main in police custody while he awaits sentencing. A manslaughter conviction carries a maximum sentence of life in prison.

The jury delivered its verdict in a packed Courtroom 37 that consisted of a heavy police presence around the Ottawa courthouse yesterday.

Following the sentencing, the five declared innocent celebrated with friends and family outside the courthouse, while friends of Chaar, wearing white shirts with his im-

age on it, looked on.

"Finally it's been read out loud, not guilty, completely innocent," said Payman. "It's six years of my life basically gone. Now I have to make up for it."

After six years, Hulbert said he was so happy to finally be free.

His sister, Kimberly Hulbert, said it has been a long six years, but the last week has been especially hard.

"It's the scariest time of my life," she said. "We didn't know what could happen."

## Reggae fest taps into local, national talent

They've played all over North America and recently returned from playing the South by Southwest festival in Texas, but to Loudlove drummer Dan Loach, there's something to be said about playing gigs at home.

The Ottawa reggae/rock band will be playing at HOPE Volleyball Summer-Fest, Cisco Ottawa Bluesfest, and the Ottawa Reggae Festival this year.

"It's nice that we don't have to travel to Toronto or the east coast to play at a good (venue)," said Loach.

That's the idea behind the second annual Ottawa Reggae Festival, said festival director Danielle Vicha.

Ottawa's music scene has really grown, said Vicha at the festival's launch yesterday. "People are going to shows more, artists are coming here and there are more venues for artists."

While there are many music festivals in Ottawa, this one fills what is mostly an untapped niche, she said. "Reggae music is so universal. It's like rock and roll — it has universal appeal."

Although the festival includes national and international acts like Shaggy; Cardinal Offishall, one of the biggest hip-hop acts in Canada; dancehall artist Baby

### August 21 to 23

• More than 30,000 people from as far as Montreal, Toronto and New York are expected to attend the festival, which was planned as a one-day event but grew to two in its first year. The 2009 event runs three days, from Aug. 21 to 23 at LeBreton Flats.

Cham and Jamaican reggae singer Tanya Stephens, 75 per cent of the festival's acts are Canadian, said Vicha, including Ottawa artists Diction and Cris Quammie.

"We want to give people a chance to see Canadian talent," said Vicha, "and to promote culture, arts and diversity in Ottawa."

TRACEY TONG/METRO OTTAWA

## NFB celebrates 70 years with Plaza Bridge exhibit

### Sunny Side

A herd of caribou running across the Arctic. A man's relationship with a family of wolves. A loving look at hockey in Canada. The cat who came back.

Ottawa residents and visitors will get a glimpse of these stories and more as the National Film Board celebrates its 70th anniversary this year, with a new exhibit at the Plaza Bridge in Confederation Square this summer.

In collaboration with the National Capital Commission, 24 of the NFB's best images — which were chosen to represent the organization's past, present and future — are currently on display.

"The Plaza Bridge is a spectacular place in the National Capital Region," NCC CEO Marie Lemay said yesterday. "Throughout the summer, in this important



National Capital Commission CEO Marie Lemay, right, and National Film Board government film commissioner and chairperson Tom Perlmutter yesterday announced a new photo exhibit at the Plaza Bridge to celebrate the 70th anniversary of the NFB.

capital space, residents and visitors to Canada's capital region will discover a little bit more about our culture and these acclaimed Canadian artists."

The bridge, which links areas of downtown, including the ByWard Market and the Rideau Canal, sees thousands of pedestrians every day, said Lemay.

Most of the films celebrated in this exhibition can be seen free of charge in the National Film Board's on-line screening room.

TRACEY TONG/METRO OTTAWA

metronews.ca

What's online today.

**Video** Canadian astronaut has big plans for his record stay aboard the International Space Station at [metronews.ca/world](http://metronews.ca/world)  
**Video** Poll finds national pride has most coffee drinkers choosing Tim's over Starbucks at [metronews.ca/canada](http://metronews.ca/canada)



### FlareFashion

**Lisa Tant**

Read the blog at [metronews.ca/flarefashion](http://metronews.ca/flarefashion)

### Lotteries

**6/49** 3, 4, 24, 26, 29 & 49. Bonus 13.  
**Ontario 49** 4, 26, 28, 38, 41 & 47. Bonus 36.  
**Ontario Pick 3** 3 5 2; **Ontario Pick 4** 0 8 2 6  
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**Daily Keno** 1, 3, 7, 11, 12, 13, 18, 26, 27, 29, 42, 45, 47, 52, 56, 58, 61, 62, 66, 68.  
 These results are not official.



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Two men graduated from the Ottawa Mission's drug and alcohol residential program yesterday. A five-month program, Lifehouse includes classes like mindfulness, anger management and men's parenting. **METRO OTTAWA**

Dr. David Foot **Bestselling author**



Dr. David Foot, bestselling author of *Boom, Bust & Echo: How to Profit from the Coming Demographic Shift* and professor of economics at the University of Toronto, spoke about building demographics into decision making at the Congress of the Humanities and Social Sciences at Carleton University yesterday.

# Art history comes to life

TRACEY TONG  
tracey.tong@metronews.ca

Art connoisseurs who liked the Renaissance Florence exhibit at the National Gallery of Canada in 2005 will love the gallery's latest exhibit, which will bring arguably some of the most important works of art in the world to the capital.

Designed as a sequel to the Florence exhibit, Raphael to Carracci: The Art of Papal Rome will bring together works — from one of the most important periods in art history — for the first time, said deputy director and chief curator of the National Gallery of Canada Dr. David Franklin.

People don't need to come to the exhibit with a lot of knowledge to appreciate these works, said Franklin.

The works are filled with human emotion, and in some cases, they are terri-



Deputy director and chief curator of the National Gallery of Canada Dr. David Franklin speaks about the Portrait of Pope Pius V (1566), one of about 160 pieces featured in the gallery's latest exhibit, *From Raphael to Carracci: The Art of Papal Rome*, yesterday.

fying and forbidding, Franklin said.

The exhibition, which

consists of about 160 works — 25 of which are owned by the gallery — is

organized into 10 rooms pope by pope, from Julius II in 1503 to Clement VIII in 1606.

There are two ways to go through the exhibition, said Franklin — by papal history or to look at the artistic and stylistic revolutions of the art.

The exhibit begins with the works of Michelangelo and Raphael, arguably two of the most important artists in the world, but also features the paintings and drawings by Titian, El Greco, Vasari, Barocci and Annibale Carracci.

"The vast majority of these works have been generously loaned to us by prestigious arts institutions and individual collectors throughout Europe and North America," said NGC director Marc Mayer. "Given their rarity, the gallery is privileged to be the sole venue for this exhibition."

The exhibit opens tomorrow and runs through Sept. 7.



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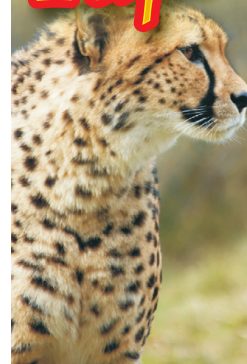
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## Jim Watson's 2009 Annual Community Survey



Dear Friends,

When I was first elected as a city councillor, I began a tradition of conducting an annual survey to find out my constituents' opinions on issues of the day. These surveys help me better represent you. As our community is large and diverse, it would be impossible to capture every issue you may consider important, so please feel free to add other issues or concerns on a separate sheet of paper.

Thank you in advance for taking the time to reply.

Sincerely,

**Jim Watson, MPP**  
Ottawa West – Nepean

### Your Opinion Counts!

#### 1 Transit

Ottawa just went through the longest strike in the city's history that was especially hard on many citizens. Should OC Transpo be declared an essential service?

- ☐ Yes, this would avoid strikes like the one we just went through.
- ☐ No, this would force arbitration that may end up costing taxpayers more.
- ☐ Other \_\_\_\_\_

#### 2 Infrastructure

The province recently provided the City with \$77 million for infrastructure. Please rate in order of priority, where the funding should be invested. (1= highest, 4=lowest)

- \_\_\_\_: Clean up rivers
- \_\_\_\_: Social housing repairs
- \_\_\_\_: Roads and bridges
- \_\_\_\_: Transit
- \_\_\_\_: Other \_\_\_\_\_
- \_\_\_\_: Other \_\_\_\_\_

#### 3 Deficit

The provincial and federal governments are currently projecting deficits for the next several years due to the economic situation and reduced revenues and increased spending stimulus. What are your thoughts on deficits?

- ☐ Yes. A deficit is acceptable in the short term in an effort to stimulate the economy.
- ☐ No. Under no circumstance should we run a deficit as we worked too hard to get out of deficit.
- ☐ Other \_\_\_\_\_

#### 4 Healthcare

Over the past 5-years the province has hired 8,000 more nurses; increased hospital spending and added new long term care beds. In your opinion, has your experience in the health care system improved?

- ☐ Yes. I have seen a positive difference.
- ☐ I have seen no change.
- ☐ My experience was worse than before all the new investments.
- ☐ I haven't experienced the healthcare system in the past 5-years, so am unable to tell.
- ☐ Other \_\_\_\_\_

### Please Provide Your Contact Information

Name: \_\_\_\_\_ Tel.: \_\_\_\_\_

Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_ ☐ I would like a copy of the survey results.

#### Please Mail To:

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Francis Proulx has been found guilty of first-degree murder in the death of Nancy Michaud, a political aide to Quebec's natural resources minister. A nine-woman, three-man jury rendered its unanimous verdict yesterday after two days of deliberation. **CBC NEWS ONLINE**

# Canada



## Texting blamed in crash

Police in Saanich, B.C., say text messaging was one of several factors that led to a young man's death in a recent head-on traffic collision. Michael Edward Wolsynuk, 26, died Jan. 10 after he lost control of his pickup truck on the Trans-Canada Highway. Police crash analysts later determined several factors contributed, including driver distraction after determining that Wolsynuk had sent a text message from his mobile phone just moments before the collision. **CBC NEWS ONLINE**

## Washington Spelling to win



Speller Katelin Peters, 13, of Regina, Sask., takes part in Round III of the 2009 National Spelling Bee in Washington. Twenty-two of Canada's best spellers are taking part in the international competition.

## Jean has a heart, blogs have a cow

**INTERNET** They raised their eyebrows. They felt a little sick to their tummies. They thought Canada was weird.

Gov. Gen. Michaëlle Jean might have outraged animal rights activists when she helped slaughter a seal and eat a bloody piece of its heart while at an Inuit festival earlier this week.

But less passionate observers favoured silliness over anger when the feeding frenzy put Canadian quirks — like our constitutional monarchy — in the spotlight and the blogosphere chattered cattily about the snack.

It appears the popular New York City gossip blog Gawker was the first to

compare Jean to the gun-toting, glasses-wearing Alaska Governor and former Republican vice-presidential candidate Sarah Palin.

"Sarah Palin likes to decorate her office with dead animals and shoots wolves from helicopters, while Jean, clearly the more badass of the two, prefers to butcher seals and eat their hearts in front of hundreds of onlookers," said a blog entry posted Tuesday.

Gawker urges Palin to up the ante: "She's got to do something, because as it stands now, it appears as though Canada is easily winning the 'Who has the kookiest female Governor' sweepstakes."

**TORSTAR NEWS SERVICE**

## News in brief

**POLITICS** U.S. security czar Janet Napolitano bristled yesterday when asked to explain her view of Canada as the source of the 9-11 terrorists. Napolitano said it never came up in her talks with Prime Minister Stephen Harper.

**POLITICS** Ontario will be two years late bringing in a promised cap-and-trade system to reduce greenhouse gas emissions that cause global warming, Environment Minister John Gerretsen acknowledged yesterday. **TORSTAR NEWS SERVICE**

# Fire Flaherty: Ignatieff

Liberals take hawkish approach in the wake of \$50B deficit bombshell

**Smelling blood, Liberal Leader Michael Ignatieff and other opposition politicians seized on the Conservatives' \$50-billion deficit bombshell to accuse the Harper government of failing Canadians on the economy.**

Ignatieff called on Prime Minister Stephen Harper to fire Finance Minister Jim Flaherty and sounded a new, more hawkish note yesterday about possibly defeating the Conservative minority and forcing an early election.

While Harper ignored the demand to fire his finance minister, Ignatieff expressed growing frustration with the Conservative minority government on key economic issues.

Those include reforming employment insurance, speeding stimulus spending and the changing deficit

projections. "We've got an EI crisis to which they are not responding. Second point, the stimulus is not out the door ... third, the public

finances are in free fall and he (Flaherty) can't tell us where the bottom is," Ignatieff said.

"On these three grounds, it's getting very difficult to work with the government," he told reporters after the Commons question period.

The Liberals used the revelation of the larger than expected deficit number to take aim at Flaherty, accusing the finance minister of misleading Canadians dating back to last fall as the effects of the slowdown started to bite.

"There isn't a number that comes out of that man's mouth that Canadians can believe," Ignatieff said.

"He has to go because there isn't a businessman, there isn't an investor, there isn't a bank president in the country, there isn't a foreign leader who

**"He (Jim Flaherty) has to go because there isn't a businessman, there isn't an investor, there isn't a bank president in the country, there isn't a foreign leader who can believe the Government of Canada on its public finances."**

Liberal Leader  
Michael Ignatieff

can believe the Government of Canada on its public finances," he said.

The ballooning deficit could change the political dynamic in Ottawa, tempting opposition parties into toppling the government before the summer recess next month.

Liberals have been reluctant to make that leap, but some said yesterday it's more attractive with each piece of bad news that undercuts Harper's reputation as an economic steward.

**TORSTAR NEWS SERVICE**

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## Canadian boldly goes into Earth's orbit

**SPACE TRAVEL** A Russian spacecraft blasted off yesterday on a mission that will double the permanent crew of the International Space Station (ISS) to six for the first time.

Expedition 20 will also be the first when all five international partner space agencies — NASA of the United States, Russia's Roskosmos, Japan's JAXA, the European Space Agency (ESA) and the Canadian Space Agency (CSA) — are represented on board the ISS.

Canadian Robert Thirsk was among those who lifted off from the Baikonur cosmodrome in Kazakhstan as planned, an official at Mission Control outside Moscow said. The Soyuz TMA-15 spacecraft reached its targeted orbit of about 120-150 miles above the Earth, the official announced. **REUTERS**



Canadian astronaut Robert Thirsk gives a thumbs-up after putting on his space suit at Baikonur Cosmodrome before lifting off to the International Space Station in Earth's orbit.





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Iraq's intelligence service is suing Britain's Guardian newspaper for defamation, after it ran a story describing Prime Minister Nuri al-Maliki's administration as "increasingly autocratic," the newspaper said. **REUTERS**

# World



## France denies snubbing Queen

France denied yesterday that it had snubbed Queen Elizabeth after Britain said she had not been invited to a ceremony marking the 65th anniversary of the D-Day landings. U.S. President Barack Obama will be in France on June 6 as a guest of French President Nicolas Sarkozy to commemorate the 1944 invasion by American, British and Commonwealth troops that broke Germany's hold on France in the Second World War. **REUTERS**

## N. Korea threatens South

North Korea, facing international censure for this week's nuclear test, threatened yesterday to attack the South after it joined the U.S.-led Proliferation Security Initiative (PSI) plan to check vessels suspected of carrying equipment for weapons of mass destruction.

Adding to tension in the region, South Korean media reported that Pyongyang had restarted a plant that makes plutonium that can be used in nuclear bombs.

In Moscow, news agencies said that Russia is taking precautionary measures because it fears mounting tensions over the test could escalate to war.

U.S. Secretary of State Hillary Clinton reaffirmed U.S. commitments to allies



South Korean pro-unification activists chant slogans at a rally denouncing the government for its decision yesterday to participate fully in a U.S.-led nonproliferation campaign, the Proliferation Security Initiative (PSI), in front of the Foreign Ministry in Seoul yesterday.

Japan and South Korea, said North Korea was behaving in a "provocative and belligerent manner" toward its neighbours, and

that there were consequences to such behaviour.

The UN is debating ways to punish Pyongyang for the test, decried as a major

threat to regional stability as it brings the North closer to having a reliable nuclear bomb.

**REUTERS**

## Car bomb retaliation for strikes on Taliban: Officials

**PAKISTAN** Gunmen attacked a police headquarters in the Pakistani city of Lahore yesterday, setting off a car bomb that killed at least 24 people in what the government said was revenge for an offensive against the Taliban.

There was no claim of responsibility for the attack, which wounded nearly 300 people and caused extensive damage. It came after warnings of strikes in response to the army's attack

in the Swat region.

"I believe that anti-Pakistan elements, who want to destabilize our country and see defeat in Swat, have now turned to our cities," Interior Minister Rehman Malik said.

The bomb, which officials said was a suicide attack, brought down a government ambulance service building and damaged a nearby office of the military's main intelligence agency. **REUTERS**

### News in brief

**ISRAEL** The U.S. wants Israel to stop expanding Jewish settlements without exception, Secretary of State Hillary Clinton said yesterday, promising that Washington would push this point with its ally, Palestinian

and other Arab officials argue that Israel's expansion of settlements on land it occupied in the 1967 Middle East war undermine efforts to negotiate a peace agreement to end the six-decade conflict. **REUTERS**



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# UN official criticizes U.S. over Afghanistan

The United States is the biggest obstacle to co-ordinating aid efforts in Afghanistan, UN special envoy Kai Eide was quoted as saying yesterday. **REUTERS**

## Coastal cities may face long-term risk

**OCEANS** Halifax, New York, Boston and other cities on North America's northeast coast could face a rise in sea level this century that would exceed forecasts for the rest of the planet if Greenland's ice sheet keeps melting as fast as it is now, researchers said yesterday.

Sea levels off the coast could rise by 30 to 50 centimetres more than other coastal areas if the Greenland glacier-melt continues to accelerate at its present pace, the researchers reported.

"If the Greenland melt continues to accelerate, we could see significant impacts this century on the northeast U.S. coast from the resulting sea level rise," said Aixie Hu, lead author of an article on the subject in the journal *Geophysical Research Letters*.

"Major northeastern cities are directly in the path of the greatest rise," said Hu, a scientist at the National Center for Atmospheric Research in Boulder, Colo.

This is an even bleaker assessment than an earlier study indicated. That could put residents of Halifax, New York and Boston at risk since these cities and others lie close to sea level now, Hu said in answer to emailed questions.

The ice that covers much of Greenland is melting faster now due to global climate change, raising world sea levels.

**REUTERS**

## Critics: Myanmar trial a 'charade'

**ASIA** A Myanmar court rejected most of opposition leader Aung San Suu Kyi's witnesses yesterday, a move critics said was aimed at sabotaging her defence in a trial that could see her detained for five more years. The court allowed only one of four witnesses requested, advocate Kyi Win, who will testify today when the trial resumes of a woman detained by military rulers for 13 of the past 19 years. Critics say the trial is a charade to keep the National League for Democracy leader in detention during an election next year that they say will entrench military rule.

**REUTERS**

## Economic forecast dimmer: UN

**The United Nations revised its 2009 global economic growth forecast down sharply yesterday, accounting for a deeper financial crisis that threatens to push unemployment past the 50 million mark.**

In a mid-year update to its World Economic Situation and Prospects 2009 report issued in January, the UN now expects a global economic contraction of

2.6 per cent this year, compared to its prior worst case scenario of a drop of 0.5 per cent.

A mild recovery in the World Gross Product (WGP) is possible for 2010, but the UN Department of Economic and Social Affairs (DESA) warned that risks of slow recovery remained.

"If financial markets do not unclog soon and if the fiscal stimuli do not gain

**50,000,000**

UN forecast for global unemployment over the next two years.

sufficient traction, the recession would prolong in most countries with the global economy stagnating at lower welfare levels well into 2010," the report said.

DESA is forecasting 50 million unemployed over

the next two years, a figure that "could easily double if the situation continues to deteriorate."

World trade volumes are expected to drop 11 per cent this year, the largest annual decline since the Great Depression, DESA said. The report also suggests that if there was a more coordinated response to the crisis, the recovery would be stronger and swifter.

**REUTERS**

## Demolitions leave 30,000 homeless

**AFRICA** The United Nations called on South Sudan yesterday to stop a demolition campaign it said had left more than 30,000 people homeless in the region's capital. In recent months, authorities from the surrounding Central Equatoria state have sent in bulldozers and demolition crews to flatten hundreds of temporary structures, market stalls and shanty town shacks.

**REUTERS**

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# Comment & Views

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONWS.CA

## Comment

# Bowlers roll right along

Connections we form can produce tangible benefits

## Relating

Steve Collins

metronews.ca/collins

We spend a lot of time in this space parsing the pitfalls of life with your one and only, but what about everyone else? What about your relationships with family and friends, co-workers and neighbours, the vaguely familiar people you pass on the street?

Harvard researcher Robert D. Putnam, in *Bowling Alone: The Collapse and Revival of American Community*, argues the connections we form with others comprise "social capital," and produce tangible benefits.

Putnam's title comes from the disappearance of once-ubiquitous bowling leagues across America, which he sees as an indicator of a more general weakening of Americans' connections with friends, family and neighbours, and declining participation in churches, volunteer groups or political parties.

Signs of the increasing civic disengagement he chronicles south of the border can also be seen in Canada, where only 58.8 per cent of voters bothered showing up to the polls in last fall's election, our worst turnout since Confederation. We'd set the previous record for apathy, a 60.9 per cent turnout, in 2004.

All is not lost here, of course. Get your car stuck in the snow, and passing strangers are still likely to stop and push you out. That, too, is social capital.

## On the web

For more views on relating, go to Love Bytes at [metronews.ca/blogs](http://metronews.ca/blogs)

Sure, we're social animals, and relating feels good, but the uses of social capital aren't all warm and fuzzy richness-of-life stuff. As Putnam points out, heaps of research shows you're more likely to get a job on the basis of who you know rather than what you know. The more, and the more varied, connections you have, the easier it is to get ahead.

In terms of social capital, as Putnam measures it, the benefits of joining a club are equivalent to doubling your income. Getting married is the same as quadrupling it.

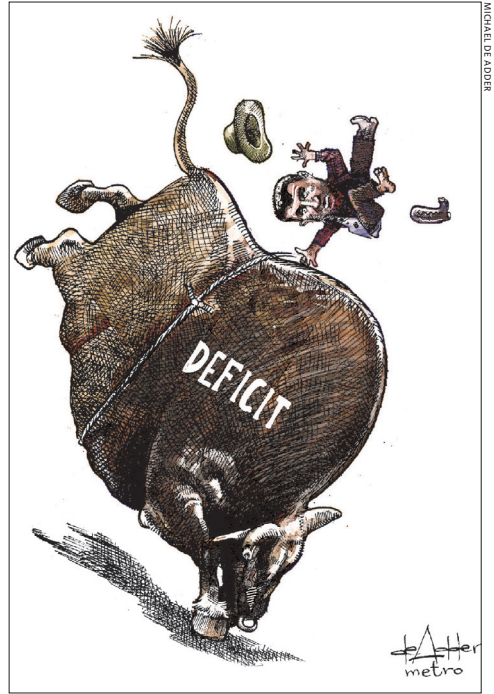
Your relationships with others could also be keeping you healthy. Putnam stacks up study after study showing the correlation

between personal connection and health: "The bottom line from this multitude of studies: As a rough rule of thumb, if you belong to no groups but decide to join one, you cut your risk of dying in the next year in half. If you smoke and belong to no groups, it's a toss-up statistically whether you should stop smoking or start joining."

So, do you know your neighbours well enough to gossip about them? When your phone rings, are you pretty sure it's another telemarketer? When was the last time you saw a member of your family who doesn't live in the same city, or one who does, for that matter?

Are you a connected and interconnected social capitalist pig, or a lone bowler?

Steve Collins offers his best guesses on relationships for Metro every two weeks.



## Letters

### OC Transpo employees go beyond the call of duty

This is a story of getting what you might call "poor service" from OC Transpo, and how three employees went way beyond the call of duty to make things right.

A bus driver fails to go to a regular stop at a shopping centre. It's late Sunday night and the mall has been closed for hours, but it's still on the route. I'm

### Sunny Side

sitting there in the shelter waiting for the last bus of the night.

I go out to catch the first bus I see, recount my tale of woe to the driver, and less than an hour later, I'm being dropped off at my door, chauffeured in red-and-white car with a yellow light on the roof.

MICHAEL DORGAN, OTTAWA

## Views

# The new attitude shift toward thriftiness

## LifeCycle

Denise Rudnicki

Apparently I live on the cutting edge of a new trend. I don't have cable TV, air conditioning or even a dishwasher and that, says the Pew Research Center, means I am part of a "pervasive new creed of thrift" that is sweeping North America.

Pew surveyed American adults to determine what people consider a necessity and what they view as a luxury. The study was done after the markets crashed and people started losing their

houses and jobs, so it isn't so surprising there's an attitude shift. When you watch your retirement savings evaporate and cannot make your mortgage payment, that spiffy new home entertainment system does start to look like a luxury you can live without.

Choosing between necessity and luxury is easy when you decide to live on a boat. Our move to a boat in Victoria's inner harbour was a lifestyle choice, motivated by upheaval on the job front and a longing for a simpler life. In three weeks, I divested myself of 30 years of possessions and became a convert to extreme thrift. And now it seems I am a bellwether for the entire continent.

The Pew study also found that people are changing

their spending habits. More people are shopping in discount stores, cutting back on alcohol and cigarettes, reducing spending on TV and cellphones, or cancelling them altogether, doing their own home repairs, and planting vegetable gardens. I read the report, mentally checking off each one of these new habits.

We do not have cable, although we do have high-speed Internet. We have a small flat-screen TV we use for watching rented movies. There isn't room for major appliances. We rented a plot in a public garden to grow vegetables and have boxes on the dock for the herbs we like. We have library cards and use them. We do not buy anything that we do not absolutely need, which

means we have not bought anything in the last six months. The prime minister would say we are not doing our bit for the economy with our non-spending ways, but this is how we want to live.

Even simple lives with free entertainment provided by harbour seals and beach walks are not worry-free. We worry about money, health, bad storms, engine trouble and weird boat noises, but we do not argue about whether we should buy a 42- or 62-inch TV or stay up nights worrying about our mortgage.

Watch us. We are the trend-setters.

Denise Rudnicki is a West Coast-based writer, communications executive, and journalism instructor at Royal Roads University. [drudnicki@gmail.com](mailto:drudnicki@gmail.com)

## Worth mentioning

### Economic crisis fuels rights 'time bomb,' group says

The global economic downturn has aggravated human rights violations and distracted attention from abuses, Amnesty International said today.

The world faces a grave danger that "rising poverty and desperate economic and social conditions could lead to political instability and mass violence," the rights group's secretary-general, Irene Khan, wrote in its annual report.

As governments struggled to resuscitate their economies, human rights were being "relegated to the back seat," she said, calling for a "new global deal on human rights ... to defuse the human rights time bomb."

"We are sitting on a powder keg of inequality, injustice and insecurity, and it is about to explode," she wrote in the report.

REUTERS

Tell us your views by email to [ottawaleaders@metronews.ca](mailto:ottawaleaders@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metroottawa

Letters must include sender's full name, address and phone number - street name and phone numbers will NOT be published. We reserve the right to edit letters.



**Obama, Saudi king to discuss oil prices**

U.S. President Barack Obama and Saudi King Abdullah will likely discuss global oil prices when they meet next week in Riyadh, the White House said yesterday. **REUTERS**

**11**

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## GM scrambling to stay alive in Canada

### Bankruptcy protection filing looms in U.S.

**General Motors is desperately trying to keep its Canadian operations running as its parent heads towards bankruptcy court protection in the United States and possibly Canada during the next week, a top union leader says.**

GM is even paying edgy suppliers in advance for parts to assure that production of popular models can continue at assembly plants during any court proceedings when payments might be in doubt, Ken Lewenza, president of the Canadian Auto Workers, said yesterday.

"They have indicated to us they are doing everything possible and in their power to avoid a Canadian shutdown," Lewenza said

### Rejection

- Yesterday, bondholders rejected an offer whereby they would exchange \$27 billion US in debt for 10 per cent of a reorganized GM.

in an interview.

Chrysler LLC immediately shut down its operations in the U.S. and Canada earlier this month when it gained temporary court protection from creditors south of the border.

A temporary GM shutdown would cause thousands more layoffs here and even more damage to the reeling auto sector.

Lewenza explained GM wants to maintain output

particularly at operations that build popular models, including the new Chevrolet Camaro sports car and Impala mid-size car in Oshawa, Ont., and the Chevrolet Equinox sport utility vehicle at the CAMI plant in Ingersoll, Ont.

The company also runs parts plants in the province that depend on U.S. assembly operations.

GM spokesperson Stew Low would not comment on any production plans if the parent company pursues court protection in the U.S. and Canada.

But GM Corp. officials have said bankruptcy proceedings in the U.S. are probable within the next week.

TORSTAR NEWS SERVICE

## Statement by Saudi official lifts oil prices

**MARKETS** Oil prices hit a six-month high near \$64 US a barrel yesterday after Saudi Arabia, OPEC's biggest member, said the global economy had strengthened enough to cope with oil at \$75 to \$80 a barrel.

U.S. crude oil for July delivery rose \$1 to settle at \$63.45 a barrel, after earlier touching \$63.82, the highest level since mid-November. London Brent crude gained \$1.26 to settle at \$62.50 a barrel.

Saudi Oil Minister Ali al-Naimi, speaking on the eve of an OPEC meeting in Vienna, said oil prices would continue to rise and that the global economy was now strong enough to support this.

"The price rise is a function of optimism. Better things are coming in the future," Naimi told reporters in Vienna.

The minister said OPEC did not need to change its output policy. The group already has agreed to remove 4.2 million barrels per day of oil from the market in a bid to shore up prices battered by recession.

REUTERS

## Dollar hits 7-month high, ends lower

**CURRENCY** The Canadian dollar rallied to its highest level since early October around midday, hitting 90.11 U.S. cents, but late in the session it turned lower and relinquished a chunk of the sharp gains recorded in recent months.

"A little bit of a wobble at the end of the session,"

said Steve Butler, director of foreign exchange trading at Scotia Capital. "I think the market, getting into month-end, is just a little bit nervous about being too short U.S. dollars."

The dollar ended the session at 89.33 U.S. cents, down from 89.46 U.S. cents at Tuesday's close. **REUTERS**

### Business in brief

**BANKING** Laurentian Bank of Canada reported a 16 per cent drop in its quarterly profit yesterday as provisions for bad loans rose and interest income declined, sending shares lower. Laurentian reported net income of \$21.2 million for its second quarter ended April 30, compared with \$25.1 million in the same period a year earlier.

**AUTO** Electric car maker Zenn Motor Co. posted a slightly wider second-quarter net loss as the downturn in the automotive sector hurt its revenue. For the quarter ended March 31, Zenn reported a net loss of \$2 million, compared with a loss of \$1.8 million a year ago. Gross revenue fell 47 per cent to \$391,227. **REUTERS**

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Patrick Roy has turned down an offer to become the head coach of the Colorado Avalanche, opting to stay with the Quebec Remparts of the Quebec Major Junior Hockey League, where he is also the club's general manager. **METRO NEWS SERVICES**

# Sports

EDITOR: CHRIS CLEMENTS, CHRIS.CLEMENTS@METRONews.CA



## Gagne goes home

Pitcher Eric Gagne, left, is going back to Quebec. The 2003 National League Cy Young Award winner has accepted a deal with the Quebec Capitales of the independent Can-Am League. Gagne, who converted 84 saves in a row from 2002-04 with the Los Angeles Dodgers, will work as a starter for the Capitales. **METRO NEWS SERVICES**

## Wings give Pens rematch

Stanley Cup  
2009 **Playoffs**  
(Detroit wins series 4-1)  
Chicago 1 Detroit 2 (OT)



### Here we go again.

The Red Wings are back in the Stanley Cup finals to defend their title after Darren Helm scored the game-winning goal 3:58 into overtime, as Detroit vanquished Chicago 2-1 in Game 5 of the Western Conference finals at Joe Louis Arena.

In the extra session, Red Wings defenceman Brett Lebda fired a shot from the point that caromed off the



Detroit goalie Chris Osgood makes a save against the Chicago Blackhawks last night during Game 5 of the Western Conference final at Joe Louis Arena in Detroit.

boards to the left of Chicago goaltender Cristobal Huet. Tomas Holmstrom knocked it out of Huet's pads across the crease and

Helm banged the puck into the wide-open net.

Coupled with Pittsburgh's win over Carolina in Game 4 of its Eastern fi-

nal on Tuesday, the Red Wings and Penguins will meet for a second consecutive season.

**METRO NEWS SERVICES**

## Jays finish road trip without a win

### MLB RESULTS

Jays 10 Orioles 12 (11 innings)



**BASEBALL** Nolan Reimold's three-run homer in the bottom of the 11th inning sent the Baltimore Orioles past

the Toronto Blue Jays 12-10 in the finale of a three-game series from Camden Yards.

Aaron Hill hit a two-run shot in the 11th to give the Jays a 10-8 lead, but the O's scored four in the home half to claim victory.

Toronto finished their road trip at 0-9, worst in franchise history.

**METRO NEWS SERVICES**

## Sports in brief

**COYOTES** A U.S. bankruptcy judge has accelerated the schedule for determining whether Jim Balsillie can buy the Phoenix Coyotes and move the franchise to southern Ontario over the objection of the NHL.

**STERIODS** Authorities say they've arrested a central Florida man who claims he sold anabolic steroids to pro athletes, including players with the Washington Nationals and Washing-

ton Capitals. Polk County detectives say Richard Thomas told them, "You name the sport, and I've sold steroids to athletes who play it."

**TENNIS** Top-ranked Dinara Safina and defending champion Ana Ivanovic cruised into the third round of the French Open yesterday. Safina defeated Vitalia Diatchenko 6-1, 6-1, and Ivanovic stopped Tamarine Tanasugarn of Thailand 6-1, 6-2.

**METRO NEWS SERVICES**

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Thursday, May 28, 2009

## 14 sports

**Canucks extend Rypien**  
The Vancouver Canucks and Rick Rypien agreed to a two-year extension yesterday. Rypien has seven points in 41 career games. **METRO NEWS SERVICES**

# Barca downs United in one-sided final

**Barcelona deposed Manchester United as European champions with a 2-0 victory forged by a superb display of controlled attacking soccer in the Champions League final yesterday.**

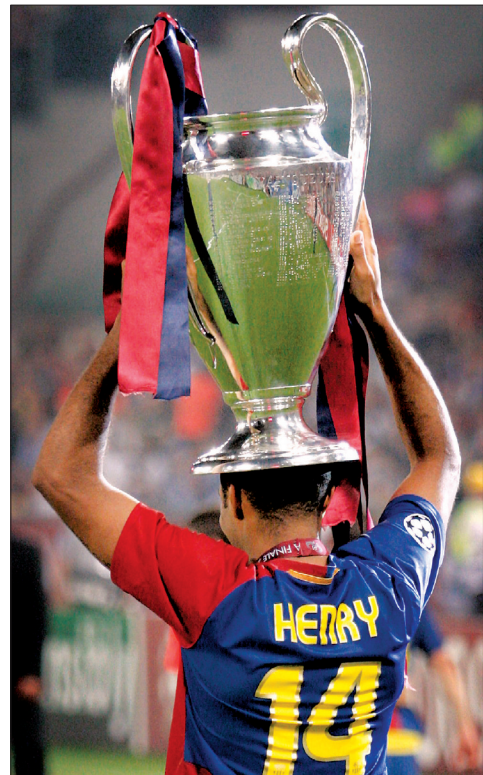
Cameroon striker Samuel Eto'o struck the opener against the run of play after 10 minutes at the Stadio Olimpico when he cut past Nemanja Vidic with surprising ease and sent a low shot past United goalkeeper Edwin van der Sar at his near post.

Argentina's Lionel Messi added the second with a rare, and perfectly timed header after 70 minutes, sealing Barcelona's third European Cup win after their successes in 1992 and 2006.

Victory also completed a European and domestic treble for Barca in an extraordinary first season for coach Pep Guardiola, who ended Alex Ferguson's dreams of making United the first side to retain the European Cup in the Champions League era.

The match, hailed as a "dream final" between two of Europe's greatest clubs, could not live up to its expectations because United were so far below their best.

They did have their chances, especially in the first 10 minutes, but they could not reproduce the power, authority and pre-



Barcelona's Thierry Henry holds the trophy after winning the Champions League final 2-0 against Manchester United yesterday at the Olympic Stadium in Rome.

cise passing that had already brought them three trophies over the course of the season, including the Premier League title.

United manager Alex Ferguson told ITV after-

wards: "I think the first goal was a killer for us. We had plenty of time, we had some half-chances in the second half but, in fairness, we were beaten by a better team." **REUTERS**

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**Bio Spectra's Attitude goes even more green**

# Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

**We love it!**

## Making a statement

These scene-stealing pieces put a definitive "style stamp" on *Style At Home* editors' favourite spaces.

**KARL LOHNES, CONTRIBUTING STYLE EDITOR:** "This oversize pendant hangs above my formal dining table and looks like an old light fixture from a Gotham City bank tower. It's definitely a dramatic piece, and gets many oohs and aahs from guests!" Visual Comfort & Company 24" x 47" Zodiac pendant in Antique Brass \$2,535, Elte.



**LAUREN FLANAGAN, ASSISTANT DESIGN EDITOR:** "Man's best friend indeed! This one can even solve your decorating dilemma." Two's Company 34" ceramic Greyhound \$1,150, Scantrade International.

—PRODUCED BY BRETT WALTHER

## Secrets to a successful reno

**Following an auspicious start with Canadian design giants Budd Sugarmann and Brian Gluckstein, interior designer Timothy Mather has carved out a well-deserved niche as one of the nation's top tastemakers. The Toronto-based principal of TM Design is one of about 75 designers included in the 13th edition of the prestigious Andrew Martin Interior Design Review (Andrew Martin International, 2009), and his work is also featured on the cover of *Spectacular Homes of Toronto* (Panache, 2008). Renowned for his transitional esthetic tempered with warm, nostalgic nods to tradition, Mather dishes on design and the tips and tricks he's picked up on the path to preeminence.**

a house is a 1920s Georgian, there should be some stylistic references to that era inside — even if you're doing something more contemporary. That will make the house feel consistent and give it longevity. A lot of my renovations are successful because people don't realize that a period home has been entirely rebuilt. Plus, there's nothing worse than a McMansion that combines a bit of Georgian, French and English, all layered on top of one another. There's no consistency, and the house just looks like a bad movie set.

**Q But you don't want it to come across as matchy-matchy either.**

**A** Not at all, nor do you want something that looks like a museum. It's about creating integrity through consistency, which can be as simple as using the same

colour of hardwood flooring throughout. I try to limit the number of materials; the greatest danger is getting caught up in the options.

**Q With all those options available, how do you determine the direction you're going to take with a new project?**

**A** When someone hires me, I like to come in fresh, without preconceived ideas. I'm in-

fluenced by the architecture of the space, the people, and their possessions. I like to pull from my clients and exaggerate that character. A good designer will create a background that showcases clients in a flattering way, gives them a sense of comfort, and is welcoming for guests.

**Q Is there a way of accomplishing those things without breaking the bank?**

**A** Buy the best quality you can afford and amortize the cost over a number of years. Consider an Hermès belt. Sure, the initial cost is a lot, but it's an investment: you can wear it every single day, and even with a pair of \$50 pants from the Gap, you can still get into the best restaurants. That's another point: Mix the high with the low. Great design is still great design, regardless of price point. It goes back to the English country idea of mixing grand with

humble.

**Q Has your philosophy or approach to design changed over time?**

**A** A designer, who once complained to me that his clients were all dying off, wanted to know how I maintained a strong base. I explained that it's because I'm changing with my clients. At Gluckstein Design Planning, Brian was always on my case, saying, "Tim, you're a vibrant, stylish guy and you dress really well — you should decorate a little younger." I'm working on that; I'm always trying to evolve and create my own style. Once they're ready for a renovation, most clients want something younger, more relevant and current. Adapting is key to surviving in this business.

**See more of Timothy Mather's work in the new book *Spectacular Homes of Toronto* (\$39, Panache, 2008) — a showcase of the city's finest designers.**

—WRITTEN BY BRETT WALTHER  
—PHOTO OF TIMOTHY MATHER BY EDWARD POND



## Decor

Read more in the June issue of *STYLE AT HOME* magazine. ON SALE NOW! [styleathome.com](http://styleathome.com)

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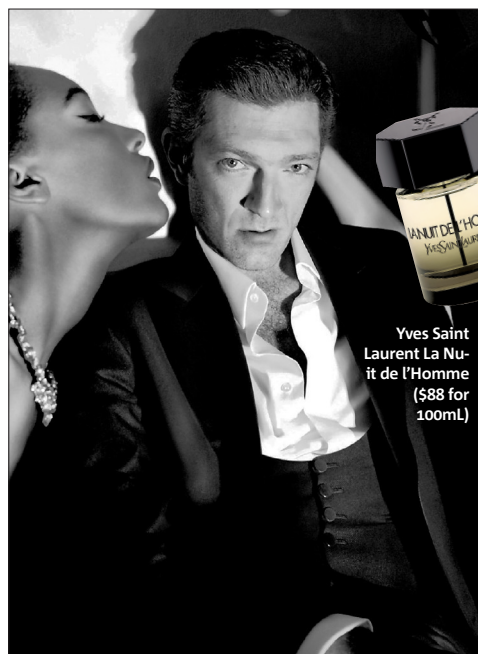
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DEVELOPMENTS



# Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Here comes the sun! We've got all the top products and expert advice, only in our June issue!



Yves Saint Laurent La Nuit de l'Homme (\$88 for 100mL)

## Night Moves

Vincent Cassel brings sexy back with La Nuit de l'Homme

By RITA SILVAN  
Editor-in-Chief

What could be more seductive than hot French actor Vincent Cassel in a black tuxedo, descending the steps of the Grand Palais while several alluring models aim to slow him down?

Cassel is the face of the new Yves Saint Laurent fragrance for men, La Nuit de l'Homme. And on the night of the fragrance launch, appropriately set at the Musée de l'Homme in Paris, there was an audible gasp from normally jaded fashion editors as

the perfume commercial was shown. Shot by Cassel's friend Gaspar Noé, the video perfectly captures a city in which people aren't too tired to have sex. More than once. A day. Taken a bit by surprise by the guests' reaction to his unconventional sex appeal, Cassel remarked: "This video refers to the Paris touch, which is a good thing. You can be louche, as long as you do it with style and elegance!"

The best way for a man to seduce a woman, he says, is "to keep a bit of distance but also have a straightforward attitude." And the secret to his relationship with bombshell Monica Bellucci? "Freedom — and don't take things too seriously."

## IN THE SHOWER

Need a post-workout reward? Aveeno's new Active Naturals body washes, made with natural essential oils like ylang-ylang, lemon grass and lavender, will turn your shower into a spa-like experience. They're soap-free, which means they're gentle on sensitive skin. "Soap can be irritating, especially if the pH is too high or too low," says Dr. Jensen Yeung, a Toronto-based consulting dermatologist for Aveeno. "These are within the optimal range of five to eight pH, which is the same as our skin."

Aveeno Active Naturals Calming Body Wash (\$7.49)



## Editors' Pick

## JETSET STYLE

Take your spring fashion inspiration from the globe-trotting supermodels: Update your wardrobe with sexy jetset accessories.



**UNZIPPED** Stash your stilettos—and your cell—in this bag from a collection inspired by insider fave Stephen Sprouse. Graffiti Speedy 30 bag (\$1,170, Louis Vuitton)



**MODEL BEHAVIOUR** Not Meisel? Not interested. Hide from unworthy paparazzi snappers with these shades (\$465, Marni)

## HIP FRINGE

Let your bag move to the beat!



Faux, suede (\$30, at Spring)



Pleather, Miss Sixty (\$169, [info@sixtycanada.com](mailto:info@sixtycanada.com))

Pleather, KGB Studio (\$70, 1-800-295-7287)

Leather, French Connection (\$88, [canada.frenchconnection.com](http://canada.frenchconnection.com))



Pleather (\$40, at Aldo)



Suede, J.J. Winters (\$175, 514-389-5053)

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Polar Ice Vodka is launching their second Special Edition Canadian AIDS Society bottle — with each bottle sold, \$1 is donated to the charity. In June, they're on the hunt for next year's bottle artist. Visit [cdnaids.ca/polarice/index.html](http://cdnaids.ca/polarice/index.html) for details on submitting your design. **METRO NEWS SERVICES**

# Food

**Choose rhubarb stalks that are firm and crisp. If plucking from your backyard, twist off stalks rather than cutting. Pick slender stalks — one should yield about 1/2 cup (125 ml) chopped.**

BARB HOLLAND/FOR METRO CANADA



## Careful

Avoid eating the leaves as they contain a potential toxin called oxalic acid.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.CA

# Crazy over this crumble

Easy as pie? Actually it's easier, and it saves some extra calories and fat

## À la carte

**Barb Holland**

[metronews.ca/alacarte](http://metronews.ca/alacarte)

**It's spring, and the appearance of local farmers' markets signals the beginning of the best time to eat seasonally.**

When you shop at farmers' markets, you get the healthy benefit of eating foods at their nutritional peak and at their tastiest; as well as reducing your carbon footprint and supporting local growers. Check with your provincial association and [harvestcanada.com](http://harvestcanada.com) to find your closest market.

Recognized by its large, green elephant ear-like leaves and long stalks, rhubarb is one of the earliest crops to push its way



BARB HOLLAND/FOR METRO CANADA

In this recipe you can substitute many kinds of fruit.

out of the ground. Depending on region and climate, stalks of fresh, field-grown rhubarb can be found from May through to July.

## Rhubarb Strawberry Crumble

A crumble is simply fruit topped with a mixture of sugar, flour, butter and often nuts, which bakes into a crisp topping that offers much of the satisfaction of a pie with a lot less work, fewer calories and less fat. You can substitute many

kinds of fruit for the rhubarb strawberry mix, or use all rhubarb. Just figure on about 5 cups (1.25 l) sliced fruit, peeled if desired, and add sugar and lemon juice according to the fruit's sweetness. For juicy fruits such as peaches and berries, add 2 tbsp (30 ml) more flour to fruit mixture. Makes four to six servings.

## INGREDIENTS:

### Topping:

- 1/3 cup (75 ml) sliced almonds

- 1/3 cup (75 ml) all-purpose flour
  - 1/3 cup (75 ml) lightly packed brown sugar
  - Pinch salt
  - 3 tbsp (45 ml) cold butter, cut into 1/4 inch (5 mm) pieces
- Fruit Mixture:**
- 4 cups (1 l) sliced rhubarb (1-1/2 lbs/750 g), about 1/2 inch (1 cm) slices
  - 1 cup (250 ml) halved (or quartered if large) strawberries
  - 2 tbsp (30 ml) each: all-purpose flour, brown sugar and granulated sugar
  - 1 tbsp (15 ml) fresh lemon juice

## METHOD:

Preheat oven to 350 F (180 C). While oven is heating, spread almonds in a rimmed baking sheet. Bake until just golden and fragrant, 6 to 8 minutes. Do not allow them to brown.

In small food processor,

place almonds, flour, brown sugar and salt, process until a fine meal. Transfer to a bowl. With fingers work in the butter until mixture is very crumbly. Refrigerate 15 minutes or up to 2 days (covered and refrigerated until needed).

Butter a 6 cup (1.5 l) baking dish. In a large bowl, combine rhubarb and strawberries. Combine flour, brown sugar and granulated sugar; sprinkle over fruit and toss well. Sprinkle with lemon juice and toss again. Spread fruit evenly in baking dish and spread topping over all.

Bake until fruit is bubbling and top is browned, 40 to 50 minutes. If top is browning too quickly, cover loosely with foil. Serve warm or at room temperature.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

## Liquid Assets

**Peter Rockwell**

[metronews.ca/liquidassets](http://metronews.ca/liquidassets)

## Beauty of the blend

The lexicon of liquor has many baffling entries, some of which need more explanation than an episode of *Lost*.

Take the term "blend." Consumers are just fine associating it with scotch, but in our single varietal world there seems to be a stigma attached to the idea that wines can be a mix of different grapes.

If you believe that, consider this. The concept of blending grape personalities is the foundation of some of the finest wine regions on Earth: Think France's Bordeaux and Champagne, Italy's Veneto and Portugal's Douro Valley.

Some grapes naturally go together. Others may seem unlikely but create magic in the bottle. The 2007 Hardy's Stamp Series Chardonnay Semillon (\$9.95 - \$11.99) from Australia is a good example. You wouldn't think the pair would make a likely couple, but the chard offers a rounded, buttery flavour that's massaged nicely by the slight honeyed flow of the semillon.

How about a marriage of chardonnay, muscat and chenin blanc? The 2007 Folie à Deux Ménéage à Trois White (\$17.99 - \$19.98) is a jazzy Californian combo that shows lots of citrus, melon and ripe exotic fruit flavours while perfectly illustrating that the art is definitely in the blend.

Prices reflect the range across the country. Some products may not be available in all provinces.



Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

## Local Savour

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With the weather finally beginning to warm up, it's the perfect time to look for your favourite summer ice cream spot.

Famous for its gelato, sherbet and sorbet, Piccolo Grande has

been in Ottawa's ByWard Market for 22 years. Gelato flavours include everything from apple pie to chocolate orange and rum fantasy. Sorbets include any type of fruity flavour imaginable, including the less common ones such as lychee, honeydew, grapefruit and guava-bana.

Piccolo Grande also serves a variety of lunch items and coffees to pair with your desserts.

## Personal Gourmet recipe of the month

ROSE REISMAN

# Triple Chocolate Brownies

**You'll never taste a brownie so rich tasting and addictive than this one. The extra benefit is that it is also lower in fat, calories and cholesterol due to the use of oil, cocoa and light sour cream.**



LORELA ZANETTI

## INGREDIENTS:

- 2/3 cup granulated sugar
- 1/4 cup vegetable oil
- 1 egg
- 1 tsp pure vanilla extract
- 1/3 cup unsweetened cocoa powder
- 1/3 cup all-purpose flour
- 1 tsp baking powder

- 1/4 cup low-fat yogurt or sour cream
- 1/4 cup semi-sweet chocolate chips
- 1/3 cup light cream cheese
- 2/3 cup icing sugar
- 1-1/2 tsp unsweetened cocoa powder
- 1-1/2 tsp water
- dusting of icing sugar

## METHOD:

Preheat the oven to 350 F. Spray an 8-inch square pan with cooking oil.

For the brownies, combine the sugar, oil, egg and vanilla in a bowl and mix well. Add the cocoa, mixing it in well. Add the flour, baking powder, yogurt and chocolate chips, mixing just until combined and smooth. Don't overmix.

Pour the batter into the prepared pan. Bake in the center of the oven for 15 to 20 minutes, just until set.

Do not overbake. Cool on a rack for 15 minutes before icing.

To make the icing, place cream cheese, icing sugar, 1-1/2 tsp cocoa powder and water in a blender or food processor and process until smooth. Spread over the top of the brownies.

Cut into squares and garnish with a dusting of icing sugar, or drizzle melted dark and white chocolate overtop.

PREP TIME: 10 MIN

COOK TIME: 20 MIN

SERVES 12

## About Rose



Rose Reisman is an author, media personality, nutritionist, and the inspiration behind a fresh food delivery service, Personal Gourmet, and new website, The Art of Living Well. Visit [rosereisman.com](http://rosereisman.com) and [personalgourmet.ca](http://personalgourmet.ca)

## Nutritional Info

PER SERVING

Protein:	2.3 g	Saturated fat:	1.5 g
Fibre:	1.2 g	Carbohydrates:	20 g
Fat:	7 g	Calories:	140

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# MAKING TODAY'S NEWS SWEETER, WITH REAL STORIES THAT WILL MAKE YOU SMILE.

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## BAREFOOT FOR A CAUSE

In 2001, a heart-broken Bilaal Rajan saw photographs of people whose lives had been taken or ruined by the earthquake in Gujarat, India. The four-year-old boy sold Clementines door to door in his southern Ontario neighbourhood to raise money for the victims.

"It truly wasn't fair that these people, just because they lived in different places, should have to suffer such tragedy," he says. He saw they needed someone to help them. "I came back to myself here in Canada and I realized that that person could be me."

Rajan has since raised millions of dollars to help orphans, build a school in Tanzania, assist people hit by hurricanes in Haiti and the tsunami in South-East Asia. Rajan is still only 12.

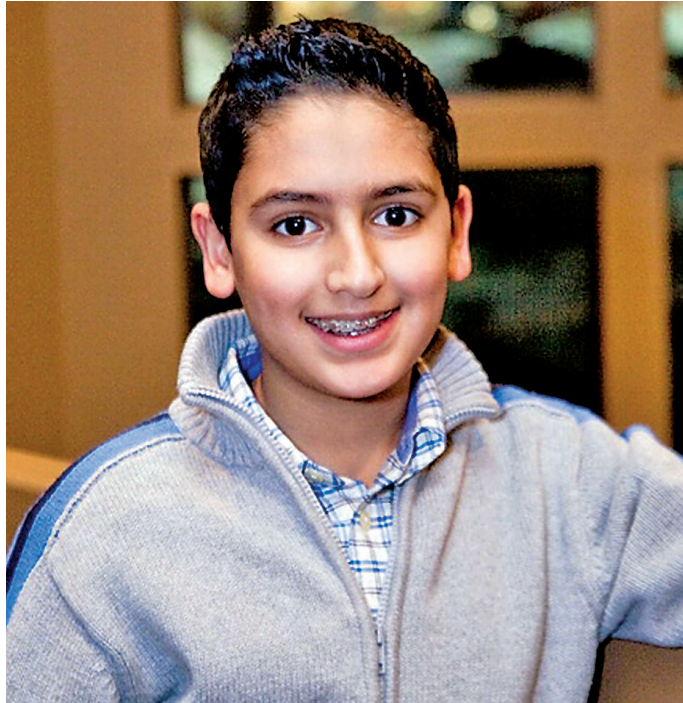
Last month, he spent a week walking barefoot to raise money and awareness for poor kids around the world. Thousands of people in ten countries joined in. "I had about four blisters, seven spider bites, I stepped on some glass, I almost stepped on a nail, but I guess that's life, right?" he says.

"The thought that carried me through the week was, if others can do it for their whole lives, why can't I do it for a week?"

His first trip abroad was to South-East Asia after the 2004 tsunami, followed by a trip to Malawi in 2005.

Rajan is excited about his latest project, Sudokuhub.com. The web fundraiser is to be launched late summer or fall and will let players turn games into food. For every number solved, a package of "plumpy nuts," a healthy snack, is donated to a malnourished child.

Beyond that, he wants to continue



**Bilaal Rajan, has written a book, founded an organization and is a child ambassador for UNICEF Canada.**

being an activist. "As a career, I'd like to be an astronaut and a neurosurgeon," he says.

Bilaal Rajan has packed a lot into 12 years. He's written a book, *Making Change: Tips from an Underage Overachiever*, and turned that into a website, [Makingchangenow.com](http://Makingchangenow.com), to reach his goal of getting one million

kids involved in their communities.

He founded an organization, [Bilaalrajan.com](http://Bilaalrajan.com), to focus his fundraising efforts. He's a child ambassador for UNICEF Canada, was named a junior citizen of the year and numerous other honours. Oh, and he speaks English, French, some Spanish, Mandarin and Swahili.

## Spelling his way to victory

There was nothing fishy about the way Zakhar Husak performed last weekend. The home-schooled Husak correctly spelled "caviar" to clinch his victory in the primary division of the Spelling Bee of Canada 22nd Annual Championship at the Delta Chelsea in Toronto on Sunday. The eight-year-old beat out 28 children, ages six to eight, to take the title.

Zakhar won \$1,000, a trophy and a number of other prizes. Also placing in the annual bee's primary division were Niu Niu Wang, from Windsor, Ont., in second place, and Toronto's Neherika Nair winning third place. Both are eight years old.

## Kid wears his pride on his shirt

An eight-year-old Canadian boy named Eric is on top of the world after his t-shirt design was picked from hundreds of submissions around the country to represent Canadian pride.

His shirt, titled Proud to Be Canadian, shows a red-and-white maple leaf background with a cute cartoon beaver smiling and holding a hockey stick.

Proceeds from sales of the shirt he designed will go to provide safe, fun, healthy activities at school for children in kindergarten through the seventh grade, showing that little Eric not only has talent but a heart of gold as well.

## Hungry cat a lifesaver

Twelve-year-old Bilaal Rajan isn't the only one helping others. Angela and Peter Papdimitriou always knew their cat Nemo was a special gift in their lives but they never could have expected Nemo would give them back the gift of life.

Nemo has made a habit of waking

up Angela and Peter for breakfast every morning with a warm, furry cuddle. One morning last September, Angela awoke to find Nemo behaving far more frantically than usual.

Angela tried to get her husband's attention to see if he knew what Nemo was getting



at when she discovered Peter wasn't breathing and didn't have a heartbeat. Paramedics arrived and successfully

restarted Peter's heart, telling Angela that if they had arrived even a few minutes later, Peter might not have made it.

Angela credits Nemo with saving her husband's life. "That morning if he hadn't been so persistent and woken me, it could have been too late. Nemo is a little angel," Angela said.

Peter had open-heart surgery that day and is back home in stable condition thanks to the skilled doctors and the cute, pudgy feline cuddle-lover who saved his life.



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# Entertainment

EDITOR: DEAN.LISK@METRONews.CA

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

## Suicide doctor

Al Pacino will star in a biopic about Jack Kevorkian, the right-to-die doctor who made headlines during his campaign to assist patients determined to commit suicide. EMPIREONLINE.COM



# The goth rocker has a heart

## Manson return spurs debate

### Marilyn Manson

Album: The High End of Low

Label: Interscope/Universal

Rating: @@@@

#### THE DEBATE

HAS already started among Marilyn Manson fans. Has our goth-rock shock trooper reformed his old toxic self? Or is he merely slowing down his slide into a form of middle age introspective goo that even parents can find secretly listenable ... sometimes ... after dark ... like, way after the kids have gone to bed. Who cares? Listen to this album for what it is and not what you want Marilyn to be. He delivers a stylishly sophisticated album that's as much Bowie-esque culture croon as it is lyrically offensive. There are parts that seem more manufactured than industrial, especially the single Arma-godd\*\*n-mother-f\*\*kin-geddon. But there are also frighteningly intense scenes of self-doubt. Yes, Marilyn does have a heart. No doubt, the old fans will want to rip it out.

Graham Rockingham/for Metro Canada



### MusicReviews

music@metronews.ca

### Mandy Moore

Album: Amanda Leigh

Label: Sony Music

Rating: @@@@

#### IT'S HARD

NOT to feel for Mandy Moore. She came into the music world with Britney-like candy pop, and she's been trying to shed that image ever since. Her latest effort Amanda Leigh, named after the singer's first and middle names ("this is the real me!" she's saying), pushes her even farther away from the old days. This is a schizophrenic collection of folk, adult pop and the occasional rocker. The standouts are definitely the louder tracks and the more classic folk tunes, but the bouncy, cheesy track Pocket Philosopher and the musical-like, instrumental reprise of Merimack River should have been shown the door.

Bryan Borzykowski/for Metro Canada



Marilyn Manson is back with a new album, the stylishly sophisticated The High End of Low.

### Hayden

Album: The Place

Where We Lived

Label: Hardwood/Universal

Rating: @@@@

#### SWEET, SHY, INNOCENT

Hayden. We all have friends like you ... hiding in their basement apartments for weeks on end, afraid to come out and admit that their girlfriend dumped them for some guy who actually has a life. There are mo-



ments on this album — like Hayden's ragged electric guitar duel with himself on Dilapidated Heart or the wonderfully self-fulfilling lyrics of Let's Break Up — that point to what Hayden could do if he would only come out and play. But Hayden, truth is that this tired act simply gets boring after awhile. This album will appeal to young women yearning to cuddle our hapless teddy bear out of his dank lair. Try a hot mug of Ovaltine. It always seems to work.

Graham Rockingham/for Metro Canada

### Michael Kaeshammer

Album: Lovelight

Label: Alert

Rating: @@@@

#### MICHAEL KAESHAMMER DOESN'T

have to prove his chops anymore. The German-born piano player has long been acknowledged as Canada's boogie woogie king. On Lovelight, he demonstrates a mature gift for songwriting. Sure there's a couple of nice but forgettable standards here,



but the craft in this album comes through on the six co-writes with producer and fellow keyboard player Ron Lopato (jacksoul), especially the locomotive stomp of the title track and the wistful love song, Isabelle.

Graham Rockingham/for Metro Canada

### Tori Amos

Album: Abnormally Addicted to Sin

Label: Universal Republic/Universal

Rating: @@@@

#### AFTER TORI AMOS'

ambitious American Doll Posse failed to resonate with the public, the quirky pianist returned with a relatively straight-up affair. However, her latest is still a pastiche of sounds, from the trip-hop gothic opener to the mundane ballad Maybe California, this record appears to have something for everyone. While there are plenty of interesting moments, like Strong Black Vine's Zeppelin-like violin, other spots — the boring Not Dying Today for one — should teach Amos to use an editor next time.

Bryan Borzykowski/for Metro Canada

Listen to this week's reviewed music at [metronews.ca/music](http://metronews.ca/music)



# LOOK!

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**Dr. Who visiting big screen**

The BBC has confirmed that "a script is in development" for a Dr. Who film. [EMPIREONLINE.COM](http://EMPIREONLINE.COM)

entertainment **21**

# Couple in limbo

## Etheridge blasts gay marriage ban

**Singer Melissa Etheridge, who never wed her partner during California's brief legalization of same-sex marriages, said Tuesday the couple were now in limbo after the California Supreme Court affirmed a state ban on gay marriage.**

Etheridge, 47, said last October that she and actress Tammy Lynn Michaels planned to marry to legalize a ceremony they had in 2003.

But they never went through with the wedding in part because of the threat that it could be banned again, Etheridge told Reuters.

"I wanted to wait until I knew that when I step into City Hall and I'm there with my wife and that clerk signs that piece of paper, I want to know that it's free and clear," she said.

The California Supreme Court on Tuesday upheld a voter-approved proposition cast in November defining marriage as between a man and a



Melissa Etheridge, left, and her partner Tammy Lynn Michaels have four kids but were never legally married.

woman, but said the marriages last year of 18,000 same-sex couples were still legal.

"My wife and I consider ourselves to be married, we would like that to be recognized some day civilly," Etheridge said in a phone interview.

"What if this was the 1960s and it was like, 'OK these interracial marriages can be married but these

can't.' You can't put this back in the bottle," said Etheridge, whose hit songs include *Come To My Window* and *I'm the Only One*.

The singer and Michaels, who appeared in several episodes of lesbian-themed cable television show *The L Word*, are raising four children together.

"Who will be happy tonight? How do I explain this to my children?" Etheridge said.

Chat show host Ellen DeGeneres, whose August marriage to actress Portia de Rossi remains valid, spoke out against Tuesday's court ruling.

"One day, when everyone is treated with full equality, we'll look back and realize how wrong this was," DeGeneres said in a statement on the Twitter page for her TV show.

George Takei, who played *Star Trek* crew member Mr. Sulu on TV and in movies, also criticized the decision.

REUTERS

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### In brief

**DEATH** R&B singer Chris Brown said he is "not a monster" in a video message posted online this week ahead of a court hearing over a criminal charge that he beat pop singer Rihanna, leaving her bruised and bloodied. Brown, who is not expected to attend the hearing set for Thursday in Los Angeles Superior Court, does not mention Rihanna by name in the video posted on the website [justin.tv](http://justin.tv) and circulated online Wednesday.

REUTERS

### Kenya's Style

#### Kenya Hunt

Read the blog at [metronews.ca/kenyasstyle](http://metronews.ca/kenyasstyle)

For complete online movie listings, trailers, reviews and tickets, visit: [metronews.ca/movies](http://metronews.ca/movies)

## LOST

A BLACK LEATHER WALLET containing several personal identification cards.

If found please contact Mr. Alan Ali at: **613-697-0805**

OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/28/09	265	333	2	TVO	Magnets (N)	The Agenda With Steve Paikin	After the Deluge (Part 1 of 4)	Stars by Helmut Newton	Agenda-Paikin			
	211	331	3	GTU	ET Canada	The Office "Fun Run"	The Office	Harper's Island (N)	News			
	-	-	5	SRC	Des squelettes	Gars fille	Bons baisers de France (SC)	Le Téléjournal et Les Nou	La Zone			
	209	342	6	CHRO	The Road to Avonlea	Greek (N)	Wife Swap	Grey's Anatomy	Comedy Now			
	196	311	7	CTV	Hollywood	So You Think You Can Dance Auditions continue. (N)	Pet Food: A Dog's Breakfast	(10:01) Without a Trace	News (N)			
	208	303	8	CBC	22 Minutes	Laughs	Jeopardy! (N)	CBC News: The National	The Hour			
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Minds	The Office (HDTV)	News (N)			
	117	713	10	TVA	Dépenses xtr	Marché	Dr. House (HDTV) (SC)	Destination Nor'Ouest (SC)	TVA 22 heures	Sûr-salé	Le Vol 93 (SC)	
	-	-	11	QS	Loft Story	Avec Albert	Vengeance amoureuse (2005, Suspense)	Alexandra Paul. (SC)	Cent dix pour cent (SC)	Loft Story		
	137	763	12	TFO	Panorama	Dans l'objectif de Notman	NCIS "Murder 2.0"	Rashomon **** (1950, Drama)	Folie-aventure	Voit		
	-	362	13	CBS	Dr. Phil (HDTV)	Raymond	News (N)	CSI: Crime Scene Investgn.	(10:01) Without a Trace	Two/Half Men		
	216	395	14	OMN2	Raymond	Raymond	30 Rock	News (N)	King	Cold Case		
	214	344	15	CITY	Law & Order: SVU	The Simpsons	30 Rock	30 Rock	Privileged	News (N)		
	115	343	16	CFMT	The Insider (N)	El News	News (N)	Vivere II	The Simpsons	King of the Hill	News (N)	
	218	345	18	EL	The Insider (N)	Entertainment	Name Is Earl	Soup Presents	Young Hollywood: A to Z: The El	True Hollywood Story (N)	News (N)	
	-	361	20	ABC	News (N)	Entertainment	Hour pol.	L'Heure politique	Best Schools	News (N)		
	512	396	24	CPAC	La Période de questions	Laverne	Michael Coren Show	100 Huntley Street	Life Today	This Is Day	John Hagee	
	651	355	25	CTS	Happy Days	Seinfeld	So You Think You Can Dance Auditions continue. (N)	Wolf: Travels	Time Goes By	Monarch of the Glen	News (N)	
	-	365	36	FOX	TMZ (N)	Equitrekking	So You Think You Can Dance Auditions continue. (N)	The Hour	CBC News: The National	Anderson Cooper 360 (HDTV)	Hockey Central	
	-	64	PBS	Business Rpt.	Prank Patrol	Prank Patrol	Ranked!	The First 48 (HDTV)	UFC Unleashed	American Chopper	Street Customs "GTO"	Amner. Chopper
	205	312	104	CTV	Hollywood	etalk	So You Think You Can Dance Auditions continue. (N)	The Hour	CBC News: The National	Anderson Cooper 360 (HDTV)	Hockey Central	
	500	500	33	CNN	Lou Dobbs Tonight	Billiards: U.S. Open Nine-Ball	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)	Le National	Le Téléjournal	
	406	417	27	net	That's Hockey	E:60 (N)	Canadian Poker Tour	Hardcore Champ. Fight	Poker Challenge	Mantracker	Bounty Hunter	Bounty Hunter
	417	406	59	SCR	Bounty Hunter	Bounty Hunter	Departures	Pinks -- All Out (HDTV)	Pinks -- All Out (HDTV)	Wrecked (N)	Pimp My Ride	
	554	544	48	TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	Joe's Apartment *	(1996, Musical Comedy), Jim Sterling	
	557	540	51	FAM	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Lide Derek	Ned's School	Cory in House
	551	542	65	YTV	Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	In Real Life	Storytellers Kid Rock.	Entourage	Gene Simmons
	570	580	29	MTV	The Daily Fix	The First 48 (HDTV)	UFC Unleashed	American Chopper	Club social	Love-Death	Love-Death	Love-Death
	515	520	31	A&E	The First 48 (HDTV)	UFC Unleashed	American Chopper	Club social	Love-Death	Love-Death	Love-Death	Love-Death
	628	584	32	SPKE	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)
	521	560	34	TLC	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)	Overhaul (HDTV)
	145	761	35	TVS	Destinations	Fourchette	Love-Death	Love-Death	Love-Death	Love-Death	Love-Death	Love-Death
	616	521	39	SHO	The Outer Limits	Snapshot	Bathroom Divas-Opera Star	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice
	620	523	40	BVO	Storytellers	Snapshot	Bathroom Divas-Opera Star	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice
	520	505	42	DIS	Daily Planet (N)	Snapshot	Bathroom Divas-Opera Star	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice
	575	583	43	CMT	Shaye: This Is It	Snapshot	Bathroom Divas-Opera Star	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice
	601	562	45	SLC	Skin Deep	Til Debt-Part	X-Weighted "Diane"	X-Weighted	X-Weighted	X-Weighted	X-Weighted	X-Weighted
	625	548	46	COM	Air Force	Just for Laughs	Friends	Friends	Friends	Friends	Friends	Friends
	294	529	47	TBS	House-Payne	Property Virgin	Star Trek: Voyager	Star Trek: Voyager	Star Trek: Voyager	Star Trek: Voyager	Star Trek: Voyager	Star Trek: Voyager
	600	564	49	H&G	House Hunters	Property Virgin	Star Trek: Voyager	Star Trek: Voyager	Star Trek: Voyager	Star Trek: Voyager	Star Trek: Voyager	Star Trek: Voyager
	627	528	50	SPC	Stormworld	Grand Star	MTV News	Cribs	Seinfeld	Seinfeld	Seinfeld	Seinfeld
	581	566	53	MTV	Room Raiders	After	MTV News	Cribs	Seinfeld	Seinfeld	Seinfeld	Seinfeld
	518	524	54	TRCP	Vanity Insanity	Inside Hollywood	MTV News	Cribs	Seinfeld	Seinfeld	Seinfeld	Seinfeld
	522	506	55	HIS	NCIS "Internal Affairs"	Ancient Discoveries	Supernature (HDTV)	Wait for God	'Allo, 'Allo!	Divine Design	Divine Design	Divine Design
	129	773	60	CD	Alerte animale	Wait for God	'Allo, 'Allo!	Divine Design	Divine Design	Divine Design	Divine Design	Divine Design
	261	394	61	V	Murder, She Wrote	Divine Design	Divine Design	Divine Design	Divine Design	Divine Design	Divine Design	Divine Design
	602	567	62	W	Will & Grace	Friends	Warriors: TKO	Wapros Bay	By the Rapids	renewedepress	TMZ (N)	etalk
	269	503	70	APTN	Warriors: TKO	Wapros Bay	By the Rapids	renewedepress	TMZ (N)	etalk	Restaurant Makeover	
	621	527	71	TLK	The Ellen DeGeneres Show	Exotic	Restaurant Makeover					
	603	561	95	FN	Chef at Home	Exotic	Restaurant Makeover					

### critics'corner

#### The Adventures of Pluto Nash

If you need an Eddie Murphy fix, rent "Beverly Hills Cop," "Trading Places," "48 Hrs." or "The Nutty Professor" and avoid this flat 2002 comedy about a nightclub on the moon and the mobsters trying to take it over. A multiple Razzie Award nominee, it also belongs in the running for biggest waste of good actors: Murphy, Randy Quaid, Ileana Douglas, Peter Boyle, John Cleese and Rosario Dawson, for starters. 9 PM on 50 SPC



#### 2009 Scripps National Spelling Bee

Tom Bergeron hosts coverage of the final championship rounds of the annual spelling bee from Washington, D.C., where more than 290 spellers from around the globe have gathered to do their B-E-S-T with some really C-H-A-L-L-E-N-G-I-N-G words. The semifinals air earlier in the day on ABC's sister channel, ESPN. 8 PM on 20 ABC





Winona Ryder has revealed she had an "extra-large breakdown" when she was 20, femalefirst.co.uk reports. The 37-year-old actress struggled to cope when she was catapulted to worldwide fame following the success of her hit '90s movies. **METRO NEWS SERVICES**

## Celebrity Buzz

# Mel and Oksana's new life

**EVERYDAY LIFE** So how do the original Sexiest Man Alive and his musician girlfriend spend their time together? Work, work, work, say family and friends — and then a little low-profile playtime, people.com reports.

By day, Mel Gibson, 53, and Oksana Grigorieva, who is pregnant with Gibson's eighth child, are hard at work at their respective careers — Gibson tending to film projects at his Santa Monica office while Grigorieva keeps busy making music at her house in Sherman Oaks, Calif.

Oaks, Calif.

"(Oksana) spent the last nine months locked up in a studio," her mother Lyudmila Chernukha, a retired music teacher, tells People of her daughter's collection of new songs — all of which Oksana, 39, wrote, arranged and sang herself. Once work is over for the couple and the school bell has rung for Grigorieva's son, Alexander, 11, it's family time. The musician and her son will often meet up with Gibson — who has initiated divorce proceedings with his wife, Robyn — at his office or his Malibu home, sometimes dropping by a Russian restaurant that serves dishes from Grigorieva's homeland: Borscht, chicken Kiev and sturgeon.

"It (seems) very im-

portant to Oksana that Mel and her son bond," says a source. "Mel is fun to be around and great with kids."

At the end of the evening, the two typically returns to their separate homes so Grigorieva can get her son, whose dad is actor Timothy Dalton, off to a local school in the mornings. "She gets on well with Timothy Dalton, he is the father of her son after all," says Grigorieva's mother. "They parted on good terms and they see each other a lot."

**METRO NEWS SERVICES**

# Prince Harry's good deed

**FEEL-GOOD** When he visits New York this weekend, Prince Harry has more to focus on than action on the polo field and fundraising for his Sentebale charity for African children. He'll pay special attention to the sacrifices made by servicemen and women around the world, people.com reports.

With this in mind, he has helped facilitate a dream trip to the U.S. for a young British marine who lost both his legs in a blast in Afghanistan. Commando

Joe Townsend, 21, was horrifically injured when he stepped on an anti-tank mine in Helmand province last year. Harry, 24, was serving in the same region (though they were not together) at the time.

While they are not travelling together to Manhattan, the pair will meet up privately during the prince's two-day stay. The veteran will join the prince on a tour of the facilities of a post-traumatic stress disorder treatment clinic at the Veterans Affairs Medical Center in Manhattan. The original idea came from New York Mets owner Fred Wilpon, who approached royal staff and said he would pay for the trip. Harry — having heard of what he went through — nominated war hero Townsend. The New York visit will be Harry's first official tour to the U.S.



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# Evangeline's accidental diss?

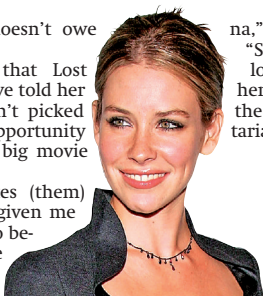
**LOOSE TONGUE** Did Lost's Evangeline Lilly accidentally diss Angelina Jolie? Asked in the new issue of Women's Health which Hollywood A-listers she admires most, Lilly says Jolie, usmagazine.com reports. Why? "No one knows that woman; she's a complete ice queen, which is perfect," she explains. "Why should she be any

more? She doesn't owe us anything." Lilly adds that Lost producers have told her that she hasn't picked up on the opportunity to become a big movie star like Jolie.

"It frustrates (them) that they've given me this chance to become the next Angeli-

na," she says. "Sure, I'd love to be her, but just the humanitarian side."

**METRO NEWS SERVICES**



# Halle's online chat escapes

**CREEPY** Halle Berry finds fame so lonely, she has used the Internet to find friends, femalefirst.co.uk reports. The actress admits in the past she has used websites to meet people and have "normal" conversations, away from the superficiality of Hollywood. But she insists she stopped short of ever romancing a cyber companion.

Berry explains, "I never went so far as a date. But I've gone online and pretended to be someone else, in an attempt to have some anonymity. I've tried, many times, to have a normal conversation when celebrity wasn't a part of it. Some-

times it worked and at others it became a little weird. The reason I did it was I wanted to remember what it was like to have a real, honest exchange with someone and to be treated normally."

**METRO NEWS SERVICES**



# Celebrity uproar over Twitter TV show

**PROTEST** Demi Moore and Ashton Kutcher

have threatened to close their Twitter accounts if bosses of the social networking site enter into a proposed agreement to launch a reality TV show, femalefirst.co.uk reports.

Hollywood trade magazine Daily Variety reports the San Francisco-based company has partnered with TV producers on an unscripted show, in

which fans try to track down celebrities via the Internet — and the news has upset Tinseltown's leading tweeters.

In a post on Monday, Kutcher wrote, "It's all fun and games until somebody gets stalked."

And his wife added, "I hope this isn't true — if it is our Twitter time may come to a quick and sad end."

But Twitter co-founder Biz Stone insists there's "no official Twitter TV show" and the news relates to a "lightweight, non-exclusive agreement" he has with TV producers.

**METRO NEWS SERVICES**

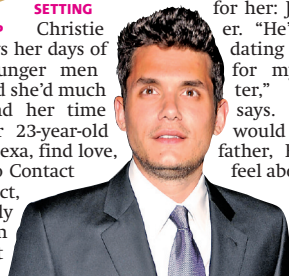


# Christie the matchmaker

**SETTING UP** Christie Brinkley says her days of chasing younger men are over, and she'd much rather spend her time helping her 23-year-old daughter, Alexa, find love, according to Contact Music. In fact, she already has a man picked out

for her: John Mayer. "He's perfect dating material for my daughter," Brinkley says. But how would Alexa's father, Billy Joel, feel about it?

**METRO WORLD NEWS**



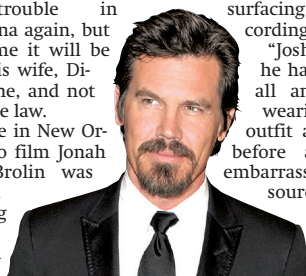
# Brolin headed for doghouse?

**OOPS** Looks like Josh Brolin may be getting himself into trouble in Louisiana again, but this time it will be with his wife, Diane Lane, and not with the law.

While in New Orleans to film Jonah Hex, Brolin was spotted "getting cozy" with a

young woman at several area nightspots before surfacing at 7 a.m., according to In Touch. "Josh looked like he hadn't slept at all and she was wearing the same outfit as the night before and looked embarrassed," a source tells the magazine.

**METRO WORLD NEWS**



# Hef looking to off-load Playboy?

**BACKUP PLAN** Hugh Hefner is reportedly looking to unload his floundering Playboy empire, and is looking to Virgin's Richard Branson to buy the property.

According to the New York Post, Hefner is looking for \$300 million US for the company, which has lost \$13 million already this year.

"Everyone says he'll never let go, that he'll take it with him to the grave," a source tells the paper, while a Playboy spokesperson says that though no offers have been made, Hefner would "listen to proposals that could create value for all of our shareholders."

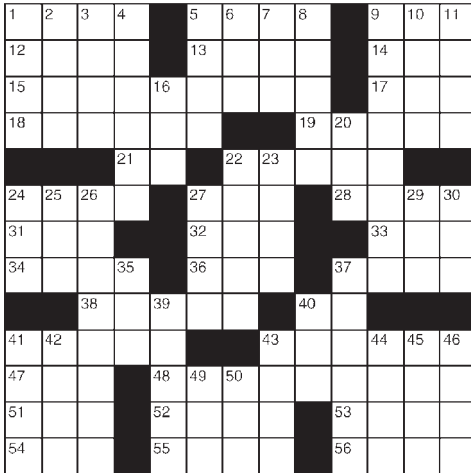
**METRO WORLD NEWS**





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## Take Five



### Crossword across

- 1 "Dragnet" star
- 5 Steffi of tennis fame
- 9 Society newcomer
- 12 Car bar
- 13 "Mona —"
- 14 Buckeyes' sch.
- 15 Focus on
- 17 Miss at a barn dance
- 18 Spa
- 19 Terrible
- 21 Former partner
- 22 City of India
- 24 "Lion King" baddie
- 27 Geological period
- 28 Shrek, for one
- 31 Tin Man's need
- 32 — de deux
- 33 Towel designation
- 34 Hairless
- 36 Lamb's dam
- 37 Put an end to
- 38 Insurgent
- 40 Lindbergh book
- 41 Pigs
- 43 Make fizzy
- 47 Trail behind
- 48 "Don't let go!"
- 51 "That's 19-Across!"
- 52 Dumbfounded
- 53 Diva's delivery
- 54 Encountered
- 55 Trawler gear
- 56 Glaswegian girl

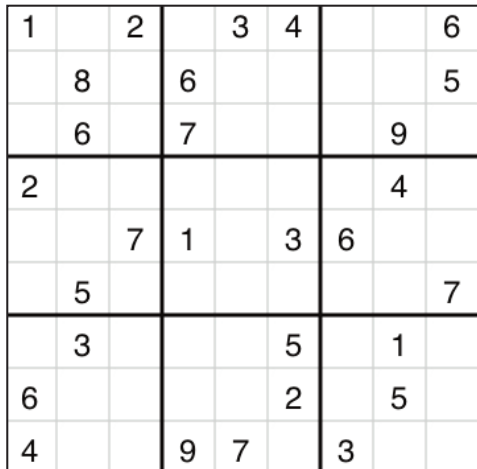
### Crossword down

- 1 Cleanse
- 2 Fair, for short
- 3 Rorschach figure
- 4 Improved
- 5 Smooth-talking
- 6 Tractor-trailer
- 7 Blond shade
- 8 Deadly
- 9 It may include a pair of aces
- 10 Isaac's eldest
- 11 Wall Street optimist
- 16 Illumination measure
- 20 Terse question
- 22 Speak slowly?
- 23 Facility
- 24 Weep loudly
- 25 Spy-novel grp.
- 26 Fine
- 27 Duel tool
- 29 Carnival city
- 30 Kreskin's claim
- 35 Lair
- 37 Soap opera, e.g.
- 39 Borstal Boy author
- 40 Drenched
- 41 Poor area of town
- 42 Carry on
- 43 Tosses in
- 44 Taj Mahal city
- 45 Anything but that
- 46 Greek vowels
- 49 Have bills
- 50 Allow

### Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



4	7	3	9	2	6	5	1	8
5	6	2	1	4	8	9	7	3
8	9	1	3	7	5	2	6	4
3	8	9	4	6	7	1	5	2
2	5	7	8	3	1	4	9	6
1	4	6	2	5	9	8	3	7
6	3	4	5	1	2	7	8	9
7	1	8	6	9	4	3	2	5
9	2	5	7	8	3	6	4	1

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

### SUDOKU SOLVE TIME:

- Under 13 min .....Genius  
13-17 min .....Scholar  
17-21 min .....Smart  
21-25 min .....Not bad  
25+ min .....Keep practising

### Metro Recipe of the Day



### Teriyaki Lamb Chops

#### INGREDIENTS:

- 6 scallions
- 2 tbsp (25 ml) sesame seeds
- 1/4 cup (175 ml) reduced-salt soy sauce
- 2 tbsp (25 ml) cider vinegar
- 2 tbsp (25 ml) clear honey
- 1 small garlic clove, finely chopped
- 3/4 tsp (4 ml) ground ginger
- 8 bone-in lamb loin chops, trimmed
- 1/2 lb (250 g) Chinese vermicelli
- 4 carrots
- 1 red pepper
- 1/2 of 1 can (398 ml) whole baby corn, drained
- 1 1/2 tsp (7 ml) cornstarch

#### METHOD:

1. Cut 2 scallions into thin slices and rest into 1 1/2-in. (4-cm) pieces. Toast sesame seeds in nonstick frying pan, 3 minutes. Remove from heat. Stir in soy sauce, vinegar, honey, garlic, ginger and sliced scallions.
2. Roll narrow end of chops into medallions and secure with toothpicks. Place in baking dish and pour in soy sauce mixture. Cover and refrigerate 1 hour.

3. Cook noodles according to package directions. Drain. Cut carrots and pepper into matchsticks and blanch in enough water to cover, 3 minutes. Add remaining scallions and corn. Blanch until vegetables are crisp-tender, about 2 minutes. Drain and toss with noodles.
4. Preheat broiler. Remove chops from marinade; pour marinade into small pot. Broil chops 5 in. (12 cm) from heat until done to taste, 4 minutes per side for medium. Transfer to platter, remove toothpicks and keep warm. Bring marinade to boil. Cook, stirring, 2 minutes. Dissolve cornstarch in 1/3 cup (75 ml) water and whisk into marinade. Boil over medium-high heat, whisking, until sauce thickens, 2 minutes. Toss half of sauce with noodles, drizzle remainder over chops and serve.

**SERVES 4**



## Horoscopes by Sally Brompton

[sallybrompton.com](http://sallybrompton.com)

### ARIES

MARCH 21-APRIL 20

Your financial plans may need to be rethought over the next few days. You may have trusted dodgy information: Change now or it will cost you later.

### LIBRA

SEPT 23-OCT 23

Be ready to change your plans at a moment's notice. Even the most far-sighted of Librans won't be able to see what is coming around the next bend.

### TAURUS

APRIL 21-MAY 21

Look closely at some decisions you've made in recent weeks. Were they really for the best? It's not too late to think again, but you've got to be quick.

### SCORPIO

OCT 24-NOV 22

You may be tempted to withhold your affection from someone who has let you down but if you punish them you will also be punishing yourself.

### GEMINI

MAY 22-JUNE 21

A fear or anxiety you thought was over and done with will surface again over the next 24 hours, but it's only a passing phase so don't be alarmed.

### SAGITTARIUS

NOV 23-DEC 21

If something is worrying you it is most likely just your imagination up to its tricks again. You have nothing to be anxious about — life is good.

### CANCER

JUNE 22-JULY 22

You seem to think that if you don't grab all you can get you'll miss out, maybe even starve. It's not even remotely true, so calm down.

### CAPRICORN

DEC 22-JAN 20

If you let someone get away with something they do not deserve to today they'll likely think you're weak and take more liberties in coming days.

### LEO

JULY 23-AUG 23

Certain events seem to be spiraling out of control but there is no need to worry, still less to change what you are doing. Go with the flow.

### AQUARIUS

JAN 21-FEB 18

The best way to deal with an emotional problem is to ignore it. Refuse to focus on it and you'll deny it the energy it needs to be important.

### VIRGO

AUG 24-SEPT 22

It might be an idea to think again about something you decided over the past few weeks, especially if the decision was made in haste.

### PISCES

FEB 19-MARCH 20

Something you thought was fact will turn out to be fiction today, and you won't be happy you were fooled so easily. Don't be too hard on yourself.

## WORDY GURDY®

BY THICKY RICKY KANE

Every answer is a rhyming pair of words like CAT and DOG (BLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

- Shanty overabundance (1)
- Pump or loafer shot through the air (1)
- Confront actress/princess Kelly (1)
- Not-as-high-up seamstress (2)
- NBA star Kobe's customers (2)
- Michigan St. alum director Scorsese (2)
- War ditches' park furniture (2)

SEHONBI SEHONBI L NLRVIV NLRVIVS 9 SHENED SENVARI 9  
JEWERS JEWERS 4 TOWER SEHENS  
9-28-09

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<b>2005 LEGACY</b> • Loaded • AWD • A/C • Auto • 77655 km • St: 27521 <b>\$13,850</b> <b>\$152*</b> BI-WEEKLY	<b>2009 MATRIX</b> • Loaded • A/C • Auto • 34660 km • St: 27778 <b>\$16,450</b> <b>\$140***</b> BI-WEEKLY	<b>2007 COROLLA CE</b> • Loaded • A/C • Auto • 46482 km • St: 26371 <b>\$13,950</b> <b>\$119***</b> BI-WEEKLY	<b>2007 EQUINOX LT</b> • AWD • Load • A/C • 51559 km • St: 26356 <b>\$18,940</b> <b>\$161***</b> BI-WEEKLY	<b>2007 ACCORD</b> • Loaded • A/C • Auto • 35354 km • St: 27385 <b>\$17,950</b> <b>\$153***</b> BI-WEEKLY	<b>2005 NISSAN X-TRAIL SE</b> • Loaded • 4WD • Auto • Roof • 57257 km • St: 27613 <b>\$14,970</b> <b>\$164*</b> BI-WEEKLY
<b>2006 CIVIC LX</b> • Loaded • A/C • 66343 km • St: 27696 <b>\$12,870</b> <b>\$123**</b> BI-WEEKLY	<b>2007 IMPREZA</b> • Loaded • A/C • Auto • AWD • 33857 km • St: 25675 <b>\$17,970</b> <b>\$153***</b> BI-WEEKLY	<b>2007 MAZDA CX-7</b> • CX7 • Auto • Auto • AWD • Lthr • Roof • 27876 km • St: 26356 <b>\$25,950</b> <b>\$215***</b> BI-WEEKLY	<b>2005 SATURN VUE</b> • Auto • A/C • 91810 km • St: 27683 <b>\$10,680</b> <b>\$117*</b> BI-WEEKLY	<b>2007 MAZDA B4000</b> • A/C • Auto • SCAB • 4x4 • 32749 km • St: 27544 <b>\$17,890</b> <b>\$152***</b> BI-WEEKLY	<b>2008 FORD ECONOLINE XLT</b> • Loaded • A/C • 15943 km • St: 27333 <b>\$23,890</b> <b>\$203***</b> BI-WEEKLY
<b>2005 ALTIMA 2.5S</b> • Load • A/C • 83661 km • St: 27572 <b>\$10,850</b> <b>\$119*</b> BI-WEEKLY	<b>2006 FORD FIVE HUNDRED</b> • Loaded • A/C • 67050 km • St: 27259 <b>\$10,750</b> <b>\$102***</b> BI-WEEKLY	<b>2006 CANYON</b> • 4x4 • A/C • 57764 km • St: 27667 <b>\$16,980</b> <b>\$162**</b> BI-WEEKLY	<b>2006 UPLANDER LT</b> • Load • A/C • 61396 km • St: 27515 <b>\$11,750</b> <b>\$112**</b> BI-WEEKLY	<b>2007 COMPASS</b> • Loaded • Auto • A/C • 4WD • 54671 km • St: 26595 <b>\$16,840</b> <b>\$143***</b> BI-WEEKLY	<b>2004 SIENNA CE</b> • Loaded • A/C • 11864 km • St: 27609-A <b>\$11,850</b> <b>\$130*</b> BI-WEEKLY
<b>2007 SANTA FE</b> • Loaded • A/C • Auto • 48880 km • St: 26385 <b>\$17,950</b> <b>\$153***</b> BI-WEEKLY	<b>2008 COBALT</b> • Auto • A/C • 21786 km • St: 26975 <b>\$11,950</b> <b>\$102***</b> BI-WEEKLY	<b>2006 MAZDA 5</b> • Loaded • A/C • 61023 km • St: 27532 <b>\$14,970</b> <b>\$143**</b> BI-WEEKLY	<b>GREAT VEHICLES UNDER \$10,000</b>		
<b>2004 FORD F-250 XLT</b> • Loaded • 4x4 • Super Duty • 33463 km • St: 27499 <b>\$18,870</b> <b>\$206*</b> BI-WEEKLY	<b>2005 CAMRY LE</b> • Loaded • A/C • Auto • 93541 km • St: 27782 <b>\$12,960</b> <b>\$129***</b> BI-WEEKLY	<b>2006 AUDI A4 QUATTRO</b> • Loaded • AWD • Roof • Leather • 27237 km • St: 26604 <b>\$29,890</b> <b>\$278**</b> BI-WEEKLY	<b>2005 ECHO</b> • A/C • 95628 km • St: 27780 <b>\$7,860</b> <b>\$86*</b> BI-WEEKLY	<b>2006 SATURN ION COUPE</b> • Load • A/C • 36592 km • St: 27670 <b>\$9,670</b> <b>\$92**</b> BI-WEEKLY	<b>2005 OPTRA5</b> • Std • A/C • Auto • 45153 km • St: 27792 <b>\$5,960</b> <b>\$65*</b> BI-WEEKLY
<b>2007 PATRIOT</b> • Loaded • Auto • A/C • AWD • 44774 km • St: 26812 <b>\$16,950</b> <b>\$144***</b> BI-WEEKLY	<b>2006 MUSTANG CONV.</b> • Loaded • Leather • A/C • Auto • 47972 km • St: 25583 <b>\$18,870</b> <b>\$180***</b> BI-WEEKLY	<b>2008 ACCENT</b> • A/C • Auto • 34272 km • St: 26882 <b>\$10,450</b> <b>\$89***</b> BI-WEEKLY	<b>2005 FOCUS SE ZXW</b> • S/W • A/C • 95109 km • St: 27700 <b>\$6,950</b> <b>\$76*</b> BI-WEEKLY	<b>2004 SEDONA EX</b> • Loaded • Roof • A/C • Lthr • 51417 km • St: 27526 <b>\$8,880</b> <b>\$97*</b> BI-WEEKLY	<b>2004 GRAND-AM SE</b> • Loaded • A/C • Auto • 68974 km • St: 27245 <b>\$8,970</b> <b>\$98*</b> BI-WEEKLY
<b>2007 MAZDA 3</b> • A/C Auto • 64001 km • St: 27467 <b>\$12,550</b> <b>\$107***</b> BI-WEEKLY	<b>2006 TUNDRA SR5 IFORCE</b> • Loaded • A/C • Auto • 63702 km • St: 25239 <b>\$22,750</b> <b>\$217**</b> BI-WEEKLY	<b>2007 CALIBER</b> • Loaded • A/C • Auto • 51554 km • St: 26396 <b>\$12,890</b> <b>\$110***</b> BI-WEEKLY	<b>2005 CARAVAN</b> • Loaded • A/C • 87808 km • St: 27251 <b>\$8,930</b> <b>\$98*</b> BI-WEEKLY	<b>2005 PURSUIT</b> • A/C • 83213 km • St: 25236-A <b>\$6,850</b> <b>\$75*</b> BI-WEEKLY	<b>2005 CENTURY SE CUSTOM</b> • Loaded • A/C • 35288 km • St: 27698 <b>\$9,870</b> <b>\$108*</b> BI-WEEKLY
<b>2007 YARIS</b> • A/C • Auto • 48960 km • St: 26893 <b>\$12,950</b> <b>\$110***</b> BI-WEEKLY	<b>2006 TRIBECA B9</b> • Loaded • A/C • Lthr • Auto • 60904 km • St: 27688 <b>\$24,890</b> <b>\$237**</b> BI-WEEKLY	<b>2005 CADILLAC CTS</b> • Loaded • A/C • Lthr • 80296 km • St: 27578 <b>\$15,980</b> <b>\$175*</b> BI-WEEKLY	<b>2005 CIVIC SE</b> • A/C • 94158 km • St: 27337 <b>\$8,970</b> <b>\$98*</b> BI-WEEKLY	<b>2005 COROLLA CE</b> • Std • Auto • 88094 km • St: 27657 <b>\$8,870</b> <b>\$97*</b> BI-WEEKLY	<b>2004 LANCER ES</b> • Loaded • A/C • Auto • 88094 km • St: 25510 <b>\$8,970</b> <b>\$98*</b> BI-WEEKLY

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